

STUDY PLAN

MASTER IN (Psychological And Educational Counseling) (Thesis Track)

Plan Number		2005	<u>T</u>
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I. GENERAL RULES CONDITIONS:

1. This plan conforms to the regulations of the general frame of the programs of graduate studies.
2. Areas of specialty of admission in this program:
 - Holders of the Bachelor's degree in:
 - a- Psychological Counseling and Mental Health.
 - b- Special Education or Psychology.
 - c- Educational Sciences
 - d- Rehabilitation sciences, nursing, social work.

II. SPECIAL CONDITIONS: None.

III. THE STUDY PLAN: (33) Credit Hours as follows:

1. Obligatory courses: (18) Credit Hours as follows:

Course No.	Course Title	Credit hrs.	Theory	Prac.	Pre-request
0801709	Methods of Research Design	3	-	-	-
0805700	Theories of Counseling	3	3	-	-
0805701	Basic skills in counseling	3	3	-	-
0805702	Group Counseling	3	3	-	-
0805703	Career Counseling	3	3	-	-
0805714	Counseling practicum	3	-	9	805701,805700

2. Elective Courses: (6) Credit hours from the following:

Course No.	Course Title	Credit hrs.	Theory	Prac	Pre-request
0801750	Using Computer Data Analysis.	3	-	3	-
0805705	Personality and Adjustment	3	3	3	-
0805706	Counseling Individuals with Special Needs and their families	3	3	3	-
0805708	Techniques of Counseling	3	3	3	-
0805709	Counseling Psychometrics	3	3	3	-
0805713	Family skills	3	3	3	-
0805740	Psycho-Social aspects of disability	3	3	3	-

3. Thesis: 9 Credit hours (805 799).

4. Supervised practicum and internship for (200) hours

STUDY PLAN

MASTER IN: (Psychological and Educational Counseling) (None Thesis Track)

IV. GENERAL RULES CONDITIONS:

Plan Number			2005	<u>N</u>
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1. This plan conforms to the regulations of the general frame of the programs of graduate studies.
2. Areas of specialty of admission in this program:
 - Holders of the Bachelor's degree in:
 - a- Psychological Counseling and Mental Health.
 - b- Special Education or Psychology.
 - c- Educational Sciences
 - d- Rehabilitation sciences, nursing, social work .

V. SPECIAL CONDITIONS: None.

VI. THE STUDY PLAN : Studying (33) Credit Hours as follows:

1. Obligatory courses: Studying (21) Credit Hours from the following:

Course No.	Course Title	Credit hrs.	Theory	Prac.	Pre-request
0801709	Methods of Research Design	3	-	-	-
0805700	Theories of Counseling	3	3	-	-
0805701	Basic skills in counseling	3	3	-	-
0805702	Group Counseling	3	3	-	-
0805703	Career Counseling	3	3	-	-
0805709	Counseling Psychometrics	3	3	-	-
0805714	Counseling practicum	3	-	9	0805700, 0805701

2. Elective Courses: Studying (12) Credit hours from the following:

Course No.	Course Title	Credit hrs.	Theory	Prac	Pre-request
0801750	Using Computer Data Analysis	3	-	-	-
0805705	Personality and Adjustment	3	3	-	-
0805706	Counseling Individuals with Special Needs and their families	3	3	-	-
0805708	Techniques of Counseling	3	3	-	-
0805713	Family skills	3	3	-	-
0805740	Psycho-Social aspects of disability	3	3	-	-

3. A comprehensive exam (805798).

4. Supervised practicum and internship for (200) hours

Course Description

0801709 Methods of Research Design (3cr)

This course focuses on true - experimental, quasi - experimental and pre-experimental designs with respect to their properties, usage and their positive and negative sides. In particular the course introduce the learner to the various designs such as: completely randomized designs, factorial, Latin-square, nested, repeated measures, the single case and the like. It also clarifies the various factors that affect both the internal and external validity of these designs. In addition, the course introduces the learner to the different statistical methods used with each design and the necessary calculations included .

0801750 Using Computer Data Analysis (3cr)

This course includes using SPSS and SAS in analyzing educational data. It focuses on organizing data, data entry and using the software commands to examine and analyze data, using various descriptive, inferential, nonparametric and advanced statistical techniques. In addition to Data interpretation and writing reports .

0805700 Theories of Counseling (3cr)

This course includes the concept of theory , role of theory in the counseling process , basic concepts of the following theories : Psychoanalytic , Adlerian, Existential , Person-Centered , Gestalt , Reality , Behavior , cognitive behavior therapies , integrative perspective.

0805701 Basic skills in counseling (3cr)

The purpose of this course is to provide learners with knowledge and skills related to counseling process in its stages of establishing relationship, in-depth exploration of the client's concerns , and commitment to action and implementation of counseling strategies. Training on the application of counseling skills through the counseling process stages will be provided . counseling skills will include : Attending skills , listening and action skills , dealing with difficult clients , dealing with silence and resistance issues , termination , ending skills , referral issues , and evaluating of the counseling process. Emphasis will also be given to the conceptualization process of the client's problems.

0805702 Group Counseling (3cr)

This course presents the importance of groups counseling as a preferred mode of treatment in resolving interpersonal conflicts. It provides the students with understanding of the concepts and processes of groups functioning, such as: group dynamics, establishment of the group, forces within the groups, and leadership it emphasizes several theoretical contributions to groups counseling, leader roles and ethical issues.

0805703 Career Counseling

This course presents the occupational and educational information needed by the counselor, where to locate it and how to use it in career education, career counseling and career development. It emphasizes important theories in general, the role of counselor in career education programs, career programs for special populations such as ; school students, adults, women and the handicapped.

0805705 Personality and Adjustment (3cr)

This course deals with defining personality. Basic assumptions concerning human nature. Personality assessment. Theories of personality and its application to adjustment and mental health : Psychodynamic perspective. Phenomenological perspective. Behavioral perspective. Trait perspective. The big five factors model. Social cognitive perspective. A Cognitive Information Processing approach to personality . Personality processes and adjustment : Self concept, perceived control, self efficacy, Achievement Motivation, Power motivation, Sex Role, Love and hate, Altruism, Authoritarian Personality .

0805706 Counseling Individuals with Special Needs and their families (3cr)

This course deals with the effect of disability on family system, parents, siblings, and their reactions; parents needs evaluation; strategies of helping parents : effective communication, conferences and interviews, counseling families of individuals with special needs, of implementation intervention programs with parents; models of parent programs; parent participation in students` program; parents as advocate group; professional societies and advocate groups for parents of individuals of special needs.

0805708 Techniques of Counseling (3cr)

This course deals with discussion and training in procedures and techniques of individual counseling especially those related to defining client problems and selecting and defining outcome goals , with training on the use of standardized & nonstandardized methods to collect, interpret, and analyse data for counseling . Also how to manage resistance, and how to select helping strategies.

0805709 Counseling Psychometrics (3cr)

The Focus of this course is on the uses of tests in counseling; psychometric properties of tests, test selection criteria, administration, interpretation, and reporting of test results in the context of the counseling process. The course includes training in the use of ability and interest tests in counseling.

0805713 Family Skills (3cr)

This course presents skills that contribute to positive family and marriage relationships in affect, cognition, and behavior domains; such as communication skills, expression of emotions, objective interpretation of verbal and nonverbal messages, and parental skills. It presents, also, measurement of family interaction and programs to improve it

0805714 Counseling Practicum (with 200 hours internship) (3cr)

Pre-req (0805700, 0805701)

The purpose of this course is to develop the students' counseling skills. It includes training in relationship establishment and counseling strategies through the use of role-play and video & audio cassettes . Students work under supervision in helping individuals and groups to achieve personal , educational , and vocational goals and decisions. Students apply strategies derived from counseling theories and evaluate the efficacy of such application.

0805740 Psycho-Social Aspects of Disability (3cr)

This course deals with the disability as a source of stress, defense mechanisms and coping strategies. The family and social reactions to disabilities on individuals and their families. The effect of disability on physical, cognitive, social, and emotional development of the person with special needs. The impact of disability on the behavior, personality, personality characteristics of the disability and personality trends and the results of research in this field.